



Route #3 – Seniors' Home and Kindergarten Preschool

Preparation: Group Prayer - Ask 3 members of the group to pray for the following:

- Ask God for a fresh **awareness** of his presence and love during the prayer walk.
- Ask God to open our **eyes** to see the neighbourhood with his eyes.
- Ask God to open our **hearts** so we can love this neighbourhood the way he does.

Instructions:

- 1. Read the map and follow the routes. There's no need to hurry. This is a great chance to slow down.
- 2. At each location:
 - a. Pause for a moment in silence (1 minute) to listen to God through impressions, words, images, or memories that come to you as you wait.
 - b. Ask your children what they think people do there and how we can pray for them.
- 3. For prayer, you can choose the ones that are listed and/or pray for anything that comes to mind. Once you're done, come back to Burnaby Central. Remember that you can keep praying along the way!

Location and Prayer Items:

1. Dania Seniors' Home

"Listen to me, O house of Jacob, all you who remain of the house of Israel, you whom I have upheld since you were conceived, and have carried since your birth. Even to your old age and gray hairs I am he, I am he who will sustain you. I have made you and I will carry you; I will sustain you and I will rescue you." - Is. 46:3-4

▶ Father God, we pray that you would cultivate in our hearts a love and respect for the elderly.

▶ Father God, we pray for the seniors at Dania Home, that as their bodies begin to lose their strength that they would know that you care for them and look out for them.

▶ Father God, we pray for kind and gentle staff members who will care for the elderly.

▶ Father God, we pray for friendships and meaningful connections to replace loneliness or grief.

• Father God, we pray that the residents of Dania Home would know your love and your grace in Christ Jesus.

▶ Father God, we pray for the family members of the residents of Dania Home, that you would be with them as they visit their loved ones and be in their thoughts and concerns about their loved ones living at the home.

2. Smilestones Junior Kindergarten Preschool

"Let the little children come to me, and do not hinder them, for the kingdom of God belongs to such as these." - Jesus - Mark 10:14

• Father God, we know that you have a special place in your heart for children.

▶ Lord Jesus, we pray that the kids at Smilestones will know you and experience Your love.

• Father God, we pray that you would give teachers extra strength and energy to teach from Monday to Friday this coming school year.

• Father God, we pray for safety and protection for the children, parents, and teachers at this school.

▶ Father God, we pray that you would strengthen and heal the families that are part of Smilestones.

11:30 am - Return to Burnaby Central

Praying for one another:

Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. - Phil. 4:6-7

Invite each member of your group to share a prayer request or something they would like to praise God for. People can pass if they like.
Pray for one another.

11:45 am - Debrief

The Lord's Prayer

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as it is in heaven. Give us today our daily bread. And forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation, but deliver us from the evil one. For yours is the kingdom and the power and the glory forever.

Amen.